

Kitesurfing: The Complete Guide, Ian Currer, Lakes Paragliding, 2007, 0954289617, 9780954289614, . .

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This is windsurfing, Reinhart Winkler, Jan 1, 1979, Sports & Recreation, 208 pages. The techniques of windsurfing, which combine elements of sailing and surfing, are described for both beginners and advanced boardsailers, with emphasis on equipment, weather

Injury Afoot 30 Things You Can Do to Relieve Heel Pain and Speed Healing of Plantar Fasciitis, Patrick Hafner, Jul 1, 2008, Health & Fitness, 104 pages. Plantar fasciitis is more than just a case of a sore foot. The nagging, painful foot condition can be akin to a railroad spike jammed into your heel. This book contains your 30

Windsurfing, Peter Hart, Jan 1, 2005, Sports & Recreation, 176 pages. Discusses the sport of windsurfing, and includes expert advice on equipment, techniques, and safety..

Extreme Sail, Oliver Dewar, 2006, Sports & Recreation, 160 pages. The subculture of sailing thrives on adrenaline, with sailors vying to see just how far they can push their boats and crew. TodayĐ²Đ,â,,¢s competitors have an insatiable desire to

Windsurfing The Complete Guide, Ian Currer, Jul 1, 2004, Windsurfing, 288 pages. .

Maverick's , Matt Warshaw, Oct 9, 2003, Sports & Recreation, 217 pages. With its massive faces, punishing rocks, and treacherous currents, Maverick's presents a surfing challenge like no other. Author Matt Warshaw has updated his critically

Kitesurfing , Marc Bory, Jan 1, 2005, Sports & Recreation, 120 pages. Kitesurfing is a new sport, as extreme as you could wish for: adrenaline-pumping, heart-in-the-mouth stuff. Our extreme sports series lets us discover its secrets as well as

Touching Cloudbase The Complete Guide to Paragliding, Ian Currer, 1996, Gliding and soaring, 192 pages. .

Windsurfing Step by Step to Success, Rob Reichenfeld, Aug 1, 1993, Sports & Recreation, 175 pages. Windsurfing: Step by Step to Success offers comprehensive coverage of shortboard sailing techniques and equipment, and is aimed at everyone from the first-timer learning

Riding the Ice Wind By Kite and Sledge Across Antarctica, Alastair Vere Nicoll, Aug 31, 2010, History, 272 pages. Travel writing..

Kitesurfing, Various, Rigby, 2001, Education, 19 pages. SAIL PUR N/F KITESURFING IS.

An introduction to windsurfing, Farrel O'Shea, 1987, Windsurfing, 112 pages. Provides a thorough grounding in all the principles and techniques of windsurfing, in series of step-by-step photographs in full color..

The Perfect Day 40 Years of Surfer Magazine, Sam George, Jun 1, 2003, Photography, 168 pages. A celebration of forty years of breaking waves furnishes a collection of the finest photographs from Surfer's famed archives, including colorful pages packed with stunning

Windsurfing the complete guide, Glenn Taylor, 1980, Sports & Recreation, 304 pages. Reviews the history and theory of windsurfing, which combines surfing and sailing, and describes advanced techniques, racing tactics, and special equipment.

Kiteboarding , Joanne Mattern, Aug 1, 2008, Juvenile Nonfiction, 24 pages. "High interest adventures in reading"--P. [1] of cover..

Shutterspeed A Photographic Voyage, Alexis Giorgio Cottavoz, Aug 16, 2006, Photography, 168 pages. Spotlighting the core of modern surfing, Shutterpeed is an action-packed pictorial taking the reader on a wild & exciting ride through the lens of renowned action photographer

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